

NEW YEAR, NEW MINDSETS

1. clean out ~~the house~~ *my heart*
2. lose ^{the} weight *of shame/guilt/fear*
3. strengthen my ~~body~~ *support system*
4. spend less ~~money~~ *time worrying*
5. save ~~money~~ *memories*
6. engage more at ~~work~~ *home*
7. stay focused on ~~my goals~~ *God*